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Health Benefits of Camel Milk

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Boosts immune system



Helps to prevent anemia



Aids in preventing diabetes



Prevents autoimmune disorders



Beneficial in increasing blood circulation in body



Lowers risk of atherosclerosis, heart attacks and strokes



Helps in reducing allergic reactions such as lactose intolerance



Stimulates growth and development of bones and organ systems

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Children of Autism

From: <http://childrenofautism.blogspot.com/2011/04/camels-milk-new-treatment-for-autism.html>
Monday, April 11, 2011

Camel's Milk A New Treatment for Autism.

Recently we have been hearing a lot about the wonderful healing effects of camel's milk and its ability to treat, and in some cases cure, certain health issues like diabetes, Crohn's disease and now autism.

The internet is crawling with testimonials of parents of autistic children encouraging camel's milk as the new therapeutic drink. Even camel milk proponents believe that camel milk might benefit people with autism disorders due in part that camel's milk doesn't contain casein, a problem for many autistic children.

A study published in the 2005 edition of the International Journal of Human Development observed the effects of camel milk consumption, instead of cow milk, on autistic children. Researchers discovered that after a 4-year-old female participant drank camel milk for 40 days, her autism symptoms disappeared. A 15-year-old boy also recovered of autism symptoms after 30 days of drinking the milk. The study also suggested that camel's milk helped several 21-year old patients, who after two weeks of drinking the milk became quieter and less self-destructive.

According to the Huffington Post, nomadic people have used camel milk medicinally for centuries. It is the closest to human mother's milk and contains 10 times more iron and three times more vitamin C than cow's milk. Camels possess unique, powerful immune-system components, which are contained in their milk . . .

It's important to remember, though the milk is believed beneficial, insufficient scientific evidence exists to prove its effectiveness in the treatment of autism. Researchers remain cautious but are optimistic about its properties. You should do your own studies and find out if camels milk is right for you and your autistic child.

CAMEL MILK: A MIRACLE CURE FOR CHILDREN WITH AUTISM?

FROM: [HTTP://GULFNEWS.COM/LEISURE/HEALTH/CAMEL-MILK-A-MIRACLE-CURE-FOR-CHILDREN-WITH-AUTISM-1.1317193](http://GULFNEWS.COM/LEISURE/HEALTH/CAMEL-MILK-A-MIRACLE-CURE-FOR-CHILDREN-WITH-AUTISM-1.1317193)

. . . My son," said Adams, "was diagnosed with autism spectrum disorder (ASD) at three years of age. He suffered loss of language at 15 to 18 months, hyperactivity, sensitivity to noise and fixation on objects and water. He had difficulty interacting with others, while biting and engaging in aggressive behaviour which led to dismissal from two pre-schools." . . .

First taste

Adams said she spent about \$2,000 (Dh7,346) per shipment for raw frozen camel milk. On October 10, 2007, two weeks before Jonah's 10th birthday, he drank his first cup of camel milk.

"The rest," she said, "is history... the morning after my son ingested camel milk, he demonstrated astonishing improvement in behaviour including eye contact, communication, emotional expression ("I really love you"; "You do so much for me") and self-organisation."

How much camel milk should I give my autistic child?

<http://w.camelmilkusa.com/index.php/uFAQs/how-much-camel-milk-should-i-give-my-autistic-child/>

Each individual is different and the dosage for each illness is different. For instance, a patient with diabetes may need more than an autistic child, and a cancer patient may need more than someone with Crohn's disease, etc. Each child in my practice is tested for the correct dosage and I have seen children who can tolerate only 1 tablespoon for the first few days to children who need 8 or more ounces in the beginning. I consult with patients from around the world who are unable to come to my office and the formulation of the dosage is based on age, weight, degree of autism and other health related factors such as specific allergins, etc. All of these factors are considered in the equation of the milk dosage and the children seem to do very well. There will be a point in time when your child will reach a maintenance dosage, and then after many months on the milk the child may even be able to maintain on a lower dosage than in the beginning, while still retaining the excellent benefits of the milk, although each case is different.

