

Solgar Vitamin and Herb

**CRAN FLORA with
Probiotics Plus *Ester-C*[®]**
Vegetable Capsules

Urinary Tract
Support*

Immune Health*

Intestinal Health*



*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

Cranberries (*Vaccinium macrocarpon*) are native to North America and are members of the same botanical family as blueberries and bilberries. They naturally contain the health supporting benefit of proanthocyanidins. Cranberries remove unwanted compounds from the urinary tract, thereby cleansing waste products from the body.*

L. acidophilus is a natural probiotic found in fermented foods, such as yogurt, and in the gastrointestinal tract—where a large percentage of the body’s immune system is located. It is thought that probiotics colonize the small intestine, helping to promote a proper balance of intestinal flora while encouraging a favorable environment for the absorption of nutrients. *L. acidophilus* supports normal, healthy immune function.*

Vitamin C also plays an important role in supporting immune function.* Ester-C® is a buffered, non-acidic form of vitamin C formulated to be gentle on the stomach. This patented, researched form utilizes naturally-occurring vitamin C metabolites to increase the absorption and bioavailability of this essential nutrient.*

Much research supports the benefits of cranberry for urinary health¹⁻⁵ and probiotics (in particular *L. acidophilus*) for intestinal^{6,7} support.* Studies indicate that vitamin C helps promote immune system health.*^{8,9}

Solgar’s CRAN FLORA Vegetable Capsules provide a comprehensive blend of highly concentrated cranberry powder, *L. acidophilus*, and Ester-C® to help promote and protect the health of the urinary tract and the intestines, while also supporting a healthy immune system.*

Solgar CRAN FLORA with Probiotics Plus Ester-C® Vegetable Capsules Facts

- Offers 800 mg of cranberry powder in a 50:1 concentrate per serving—equivalent to 40,000 mg (40 g) of fresh cranberries—without the calories of juice!
- Provides 200 mg of vitamin C as Ester-C® calcium ascorbate (a buffered, non-acidic form of vitamin C designed to be gentle on the stomach)
- Supplies 60 mg of *L. acidophilus*, providing 6 billion microorganisms
- A convenient dosage (2 vegetable capsules daily)
- Suitable for vegetarians
- Free of gluten, wheat, soy, yeast, sugar, sodium, artificial flavor, sweetener, preservatives, and color

For specific label information, please log on to www.solgar.com.

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References:

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1.3 Trees, 561.3 gal Water, 122.3 lbs Air Emissions, 62 lbs Solid Waste

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