

2X monthly! deals

July 16–July 29, 2025



Look for new deals on July 30!



Wild Planet uses the highest sustainable fishing methods to ensure our oceans provide for future generations. From catch to can, Wild Planet's minimal processing techniques and abundant care help maintain the purity nature intended so that we may provide you and your family with delicious, nutritious seafood you can trust.



Wild Planet Wild Sardines selected varieties



4.4 oz

Good Health Avocado Oil Potato Chips



5 oz

GT's Alive Ancient Mushroom Elixir selected varieties







TERRA



Theo Chocolate

selected varieties

Terra Chips

selected varieties

Sweet Potato Chips

3 oz

6 oz

Nixie **Organic Soda** selected varieties





RW Garcia **Organic Corn Chips** selected varieties



7.5-8.25 oz

SweetLeaf **Liquid Stevia** selected varieties



2 oz

Vita Coco **Coconut Water** selected varieties



16.9 oz







Emerald Pineapple Smoothie

15 MIN • SERVES 2 • GLUTEN-FREE, PLANT-BASED

INGREDIENTS

- 1 coconut
- 1 banana, peeled
- 10 ounces frozen pineapple
- 1 handful of baby spinach
- 1 ¹/₂ teaspoon Emerald Energy or other spirulina greens powder

DIRECTIONS

- To extract the coconut water, poke a hole with an awl into one of the three eyes, invert and allow water to drain. When all coconut water is extracted, wrap coconut in a cloth and using a hammer, carefully crack open the coconut. Alternately, use 1 cup bottled coconut water.
- **2** In a blender pitcher, combine the coconut water, banana, pineapple, spinach, and greens powder.
- **3** Blend contents until smooth and serve promptly.

If serving this as a smoothie bowl, pour smoothie into the split coconut (or bowl) and garnish with dragon fruit, blueberries, kiwi, flaked coconut, and chia seeds.



Proud member of INFRA.

As part of the Independent Natural Food Retailers Association, we're able to provide you with savings on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

INFRA Deals are available at participating Independent Natural Food Retailers Association member store locations.



For more information and a complete listing, please visit **www.naturalfoodretailers.com** or scan this code.